



Who can access it?

Vero Thrive is available to you at no extra cost if you have an eligible Vero Farm and Lifestyle Block Insurance policy.

You can also share this benefit with your partner or spouse, children, parents and parents-in-law, helping support the health and wellbeing of your wider family.*

Register today to access expert medical, mental health and wellbeing support when you need it.



Find out how Vero Thrive can help today
www.verothrive.co.nz

*Certain services are only available to people aged 18 or over and living in New Zealand. Vero Thrive is not an emergency medical service and does not replace a customer's usual GP or medical specialist. Full eligibility and service terms apply.

VCThrive (09/26)

Empowering
your health journey



www.verothrive.co.nz

Empowering
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Delivered by Teladoc Health



Disclaimer: Excesses, terms, conditions, limits, and exclusions apply to all policies – please check your Vero policy wording for details of cover. The information in this brochure is general in nature and is for information purposes only. It is not financial advice nor does it offer any opinion or recommendation about whether a particular policy or product is right for you. For more information visit vero.co.nz

Vero Thrive is delivered by Teladoc Health, a global virtual care provider, with over 15 years experience in New Zealand, helping Kiwis easily access virtual care.



Health and wellbeing support, wherever you are in New Zealand.

Empowering your health journey means having access to the right support, when and where you need it.



At Vero, we understand the unique challenges of rural life. Accessing health and wellbeing support can mean travelling long distances and spending valuable time away from your farm, with fewer services available close to home.

With Vero Thrive, you can access expert medical, mental health and wellbeing support from the comfort of your home.

Vero Thrive is included at no extra cost with your eligible Vero Farm and Lifestyle Block Insurance policy, providing extra support when you need it.

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Overview of what's included with Vero Thrive



/ Ask a GP

You can submit general medical questions to an experienced New Zealand GP and receive a detailed response.



/ Expert Medical Opinion

If you're looking for greater clarity or confidence about a diagnosis or treatment plan, leading medical specialists can independently review your case and provide a second opinion.



/ Mental Health Navigator

Access confidential guidance from a team of mental health professionals if you're managing a mental health concern.



/ Ask a Mental Health Clinician

You can ask general mental health questions and receive a response from a New Zealand registered mental health clinician.



/ Heart Coach

Take control of your heart health with a personalised care plan from one of our specialised cardiac nurses.



/ Nutrition

A one-on-one video consultation with a qualified nutrition expert can help you set realistic goals and develop a practical plan for improving your nutrition and wellbeing.



/ Fitness and Recovery

Access specialist advice to help improve your fitness, movement and recovery.